

Springtime kindness challenges

19 Share some good news with someone today!	20 Draw a picture for someone you love.	21 Remember to say please and thank you.	22 Offer to help your teacher with a job.	23 Compliment a friend.
26 Tidy something without being asked.	27 Make a list of 5 people you are grateful for.	28 Draw a picture of something that makes you smile.	29 Give up some time today to someone who might need your help.	30 Draw a picture to make someone smile
3 Offer to help someone with something.	4 Remember to tell your friends you love them.	5 Leave someone a note to make them smile	6 Write a note to someone telling them your favourite thing about them	7 Bring a friend something they need.
10 Offer someone the chance to join in your game.	11 Let someone go in front of you.	12 Make a list of 5 things that made you smile today.	13 Ask someone how their day is going.	14 Tell someone a joke to cheer them up
17 Make a list of 3 things you like about someone and tell them.	18 Talk to someone new today.	19 Offer to clean the table after a meal.	20 Draw a picture of Spring time to brighten a room up.	21 Invite someone to join you at break or lunchtime.
24 Ask someone how they are and actually listen to their response	25 Tell someone something you admire about them	26 Share something you're grateful for.	27 Give someone you love a hug.	28 Say thank you to someone in school for everything they do for you